

# Kids' Plates Newsletter

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## Howdy Kids' Plates Grantees,

Happy Thanksgiving to you. I'm sure that each of us has many things we are truly thankful for in both our personal and professional lives.

I know that budget cuts in public health and injury prevention programs have made it tough for many of us to continue to build on the wonderful programs and efforts that have already been put into place. History shows us that there is an "ebb and flow" to almost everything. Perhaps we can use this "ebb" to shore up and strengthen what works well and downsize or eliminate the components that take up more resources than the results they create.

## Kids' Plates Contracts and Invoices- An Update

I am still waiting for signed contracts from some of you. Most of you have been kind enough to update me on your contract's status. Remember, I cannot pay on any of your invoices without the signed Kids' Plates contract in place.

By the way, your first invoices are due. If you have not sent me one, please do so. If you haven't spent any money yet, please send me an invoice with a zero amount requested. This helps me track the progress of your program.

Questions, comments, or concerns?  
Contact me at 619-594-5039 or  
sholland@projects.sdsu.edu.

- Shanna



## TA Materials and Other Info:

### The Prevention Institute

The Prevention Institute has put some very interesting and useful articles up on their website. Go to the address below:

[www.preventioninstitute.org/injury.html](http://www.preventioninstitute.org/injury.html)

Two articles of particular interest include:

"Traffic Safety in Communities of Color"  
available at:

<http://repositories.cdlib.org/its/tsc/UCB-TSC-RR-2003-05/>

and "Developing Effective Coalitions: An Eight Step Guide" (co-authored by Nancy Baer of Contra Costa Health Services... also a Kids' Plates Grantee). This document is available at the following website:  
[www.preventioninstitute.org/eightstep.html](http://www.preventioninstitute.org/eightstep.html)

### Data Source- EPIC Branch

Did you know that the California Department of Health Services, EPIC branch has a great user-friendly data center that anyone can access? Simply go online to:

[www.applications.dhs.ca.gov/epicdata/default.htm](http://www.applications.dhs.ca.gov/epicdata/default.htm).

You can customize requests for a number of age groups, fatal and non-fatal injury categories, examine data for the entire state, look only at your county's data, and much more. Try it. It's a great resource for justifying an existing program and for seeking new program funds.



*Happy  
Thanksgiving!*